YOGA AND SEA KAYAKING VACATION GREECE

POROS ISLAND arrive sat 8th June, depart sat 15th June 2024

This week offers exciting opportunities for yoga , sea kayaking and Greek cultural activities, combined with other fun, active and social events on the beautiful Greek Island of Poros. Poros Island is conveniently located in the Saronic Gulf region of Greece only 32 miles southwest of Athens and is easily reached from the Port of Piraeus by hydrofoil in 55 minutes. Poros is an unspoiled traditional Greek island, and June is one of the best times of the year to visit for activity based vacations. The Yoga sessions are provided by Yoga teacher Kristie Fast a 500 HR registered Yoga teacher. The sea kayaking activities are guided by Brian Gibbons a British Canoeing certified guide. There will also be opportunities to explore, swim and snorkel the clear blue warm waters of the Mediterranean Sea and soak up the atmosphere of Greek island life.

This unique yoga and kayaking vacation week is being organized by ADVENTURE TOURISM SERVICES a registered UK company.

ODYSSEY ACTIVITY CENTER:

Your base for this 8-day vacation will be Odyssey Activity Center, located in the small hamlet of Askeli 50 yards from the beach where you can enjoy modern rooms with private facilities. Each room is equipped with air-conditioning and free Wi-Fi. All included meals are provided at the adjacent Odyssey restaurant. Suites have two ensuite bedrooms and can be easily shared by families, groups or by two singles, two friends or a couple.



Odyssey Center



Poros Island



Askeli Beach, Poros



Poros Town

INCLUSIONS: PER PERSON \$2199.

- Accommodation for seven nights at Odyssey Suites. Price based on double/twin occupancy.
 Solo guests may upgrade to a double/twin room for solo use at an added cost of \$375 - limited availability
- Six gourmet dinners including: welcome reception evening with mezes (Greek tapas) and drinks at Odyssey Centre on Poros Island. Sunset dinner and pool swim at our olive farm (arrive by water taxi).
- · Seven breakfasts and six buffet style lunches.
- · Night of Greek music and dancing at Odyssey.
- All equipment and certified instruction for multiple guided sea kayaking trips.
- · Daily yoga sessions with a certified instructor
- Ihr stand up paddle board session.
- · Guided walk of Poros town.
- Guided excursion to Hydra Island. Hydra is now a UNESCO world heritage site.
- Traditional Greek cooking lesson at Odyssey Center Cooking School.
- · Local taxes included

Activities suitable for all ages

Non-refundable deposit of \$500 is required.

Travel to Greece not included. Full travel information and options outlined on our website

You will arrive as our guest, and leave as our friend...



Beach yoga



Fantastic sea kayaking

To make enquiries or reservations contact:

Kristie Fast - Tel: +1 919 434 6027 Email: kristiebfast@gmail.com

For more information about our company, check out our website: www.adventuretourismservices.com

Contact: Brian Gibbons
Mobile: +44(0) 7796 500991
www.adventuretourismservices.com