

YOGA AND KAYAKING WEEK

GREECE - POROS ISLAND 10th to 17th June 2017

This week offers exciting opportunities for yoga, sea kayaking and Greek cultural activities, combined with other fun, active and social events on the beautiful Greek Island of Poros. Poros Island is conveniently located in the Saronic Gulf region of Greece only 32 miles southwest of Athens and is easily reached from the Port of Piraeus by hydrofoil in 55 minutes. Poros is an unspoiled traditional Greek island, and June is one of the best times of the year to visit for activity based vacations. The Yoga sessions are provided by Yoga teacher Kristie Fast a 500 HR registered Yoga teacher. The sea kayaking activities are guided by Brian Gibbons a British Canoeing certified guide. For more information on this vacation, Kristie Fast and Brian Gibbons please visit the "YOGA" page on www.greekislandactivities.com. There will also be opportunities to explore, swim and snorkel the clear blue warm waters of the Mediterranean Sea and soak up the atmosphere of Greek island life.

This unique yoga and kayaking vacation week is being organized by ADVENTURE TOURISM SERVICES a registered UK company.

ODYSSEY ACTIVITY CENTRE:

Your base for this 8-day vacation will be Odyssey Activity Centre, located in the small hamlet of Askeli 50 yards from the beach where you can enjoy modern rooms with private facilities. Each room is also equipped with air-conditioning and free Wi-Fi. All included meals are provided at the adjacent Odyssey restaurant. Suites have two ensuite bedrooms and can be easily shared by families, groups or by two singles, two friends or a couple.



Odyssey Center



Askeli Beach, Poros



Poros Island



Poros Town

INCLUSIONS: PER PERSON \$1299

- Welcome reception evening with mezes (Greek tapas) and drinks at Odyssey Centre on Poros Island.
- Accommodation for seven nights at Odyssey Suites (located 50 yards from the beach).
- Seven breakfasts and seven picnic style lunches.
- Seven group gourmet Greek dinners.
- All equipment and certified instruction for multiple guided sea kayaking trips
- Yoga mat and daily yoga sessions with a certified teacher.
- Snorkelling (an option on all kayak outings). Or help yourself to our snorkelling gear and explore on your own.
- Guided walks on Poros Island, including town historical tour.
- Full day guided excursion to Hydra Island. Hydra is now a UNESCO world heritage site.
- Evening boat trip to our olive farm with dinner on the beach to watch the sunset and swim.
- Traditional Greek cooking lesson lasting 3 to 4 hours in Odyssey Centre Cooking School.
- Reservation: Non-refundable deposit of \$ 150 person is required full payment terms will be provided.
- Local taxes included
- Travel to Greece not included full travel information and options outlined on our website.

*You will arrive as our guest, and
leave as our friend...*

Fantastic sea
kayaking locations



Beach yoga sessions



To make enquiries or reservations please contact:
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For more information about our company,
check out our website:

GREEKISLANDACTIVITIES.COM

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